

Procedure Date:

Procedure Time:

Arrival Time:

Location:

INSTRUCTIONS FOR EGD

Please read the directions carefully and follow all instructions to ensure a successful procedure.

5 DAYS BEFORE THE EXAMINATION

Discontinue any medications that have blood-thinning effects (i.e. Aspirin, Advil, Motrin, Ibuprofen, Diclofenac, Mobic, Excedrin, Aleve, etc.). Tylenol products are not restricted.

If you are on Coumadin, Plavix, Eliquis, Pradaxa, Xarelto, Savaysa or any other blood thinner prescribed by a physician, you must call the prescribing physician to ensure it is safe to discontinue the medication prior to your procedure. Ask your physician how long you should be off the medication prior to your procedure.

THE DAY BEFORE THE EXAMINATION

No SOLID FOOD after midnight, you may have clear liquids up to 4 hours prior to your arrival time. If you have high blood pressure and are taking medication to monitor this, please look over this list and **DO NOT** take these medications the **NIGHT BEFORE** or the **MORNING OF PROCEDURE**.

-Accupril	-Enalapril	-Mavik	-Tarka
-Accuretic	-Enalaprilat	-Moexipril	-Trandolapril
-Aceon	-Fosinopril	-Monopril	-Uniretic
-Altace	-Lexxel	-Prinivil	-Vaseretic
-Benazepril	-Lisinopril	-Prinzide	-Vasotec
-Capoten	-Lotensin	-Quinapril	-Zestoretic
-Capozide	-Lotrel	-Ramipril	-Zestril
-Catopril			

THE DAY OF THE EXAMINATION

Please arrange for a responsible adult to drive you home.

IF YOU DO NOT HAVE A DRIVER, YOUR PROCEDURE WILL BE CANCELLED AND RESCHEDULED TO A LATER DATE.

* Procedures scheduled at McKay-Dee Hospital: go to Suite 2670 (Second floor, North end).

Pre-Registration is required. If you don't hear from the hospital within 24 hours of your procedure, call 801-442-8600 to pre-register.

*Procedures scheduled at Mount Ogden Surgical Center: the facility will contact you the day before your procedure with your arrival time. If you have not been contacted by 3:00pm the day before, please call the Surgical Center at 801-479-4470 to receive your arrival time. Mt. Ogden Surgical Center is located at 4364 Washington Blvd, Ogden, Ut 84403.

IMPORTANT: Nothing by mouth starting 4 hours before your procedure check in time.

PATIENT NOTE: PATIENTS WILL BE CHARGED A \$100.00 FEE IF THEY CANCEL THEIR PROCEDURE WITHIN 2 BUSINESS DAYS OF THEIR SCHEDULED TIME OR THEY NO SHOW THEIR APPOINTMENT.